<table>
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<th>SALADS MENU</th>
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| **Tuna Pasta Salad** | Tuna fish mixed with pasta, iceberg lettuce, tomatoes and corn  
Served with Balsamic vinaigrette dressing  
Calories 275, 3g total fat, 1g saturated fat, 8g fiber, 32g CHO, 29g protein |
| **Greek Salad** | Iceberg lettuce, Cucumber, tomatoes, crumbled feta cheese, dried oregano, olives, Served with lemon dressing  
Calories 303, 8.5g total fat, 8g fiber, 10g CHO, 25g protein |
| **Crab Salad** | Orange slices topped with carrots, apple, cucumber and walnuts with fresh crab on top, served with Balsamic vinaigrette dressing  
Calories 255, 20g CHO, 25g protein, 13g total fat, 8g fiber |
| **Roca Salad** | Fresh Roca, fresh mushroom, cherry tomatoes, walnuts topped with Parmesan cheese, served with Balsamic vinaigrette dressing  
Calories 150, 10g CHO, 11g protein, 8g total fat, 1g saturated fat, 8g fiber |
| **Chicken Caesar Salad** | Iceberg lettuce topped with baked croutons and parmesan cheese with grilled chicken slices on top served with light Mayo dressing  
Calories 295, 17g CHO, 33g protein, 7g total fat, 2g saturated fat, 8g fiber |
| **Traditional Tabbouli** | Traditional Lebanese Tabbouli served with Fresh lettuce  
Calories 200, 10 grams total fat, 1 gram saturated fat, 6 grams fiber |