The School nurses’ role in healthy and safe food

School nurses play an important role in keeping students and employees healthy by implementing preventative measures such as:

- Be aware of food illnesses and updated health policies.
- Promote prevention measures such as hand washing.
- Monitor the snack-bar employee’s health and medical problems and identify potential food-borne disease.
- Evaluate students and staff having gastrointestinal signs and symptoms and document findings.
- Identify potential cases of food illness and follow up with students, families, and staff as needed.
- Implement health education topics for students, parents and staff.
- Distribute clear guidelines for foodservice staff when suspected food-borne illnesses occur.
- Implement school health policies and procedures for the management of gastrointestinal diseases or food poisoning.
- Promote prevention alertness and focus on safe food and hand washing behaviors.
- Provide food precautions by implementing food safety program.