Food services and health education

- The IC school cafeteria aims to provide a place for students to practice healthy eating habits, diet selection, and portion control.

- Coordinate the dining experience with health education permits students to apply nutritional critical thinking skills while choosing what to eat.

- Discuss nutritious diets based on needed restrictions or health needs.

- Inform students about healthy aspects of school meals.

- Coordinate health and food education.

- Provide healthy food or snacks to classrooms while giving nutrition education.

- Invite students to attend it in the cafeteria and invite them to taste new healthy meals and snacks.

- Focus on the importance of student knowledge, awareness and participation that can support the progress and development of school policies such as guidelines to Promote Lifelong Healthy Eating that make healthy foods available.